

PRAYER TO OUR LADY OF FATIMA

O most holy Virgin Mary, Queen of the most holy Rosary, You were pleased to appear to the children of Fatima and reveal that glorious message. We implore you, inspire in our hearts a fervent love for the recitation of the Rosary. By meditating on the mysteries of the redemption that are recalled, may we obtain the graces and virtues that we ask, through the merits of Jesus Christ, our Lord and Redeemer. Amen



TO JESUS THROUGH MARY

Lest there should be any misconception about the place of devotion to Mary in Catholic piety, we honor in a special way the Immaculate Heart of the Mother of Jesus, i.e., the person of Mary in her eminent sanctity and glorification by God, because it is the wish of her Son—as Our Lady revealed in her second apparition at Fatima. Jesus knows well that true devotion to His Mother leads souls to Him.

As Our Lady assured Lucia, June 13, 1917: ***"I will never abandon you, my child, My Immaculate Heart will be your refuge and the way that will lead you to God."***

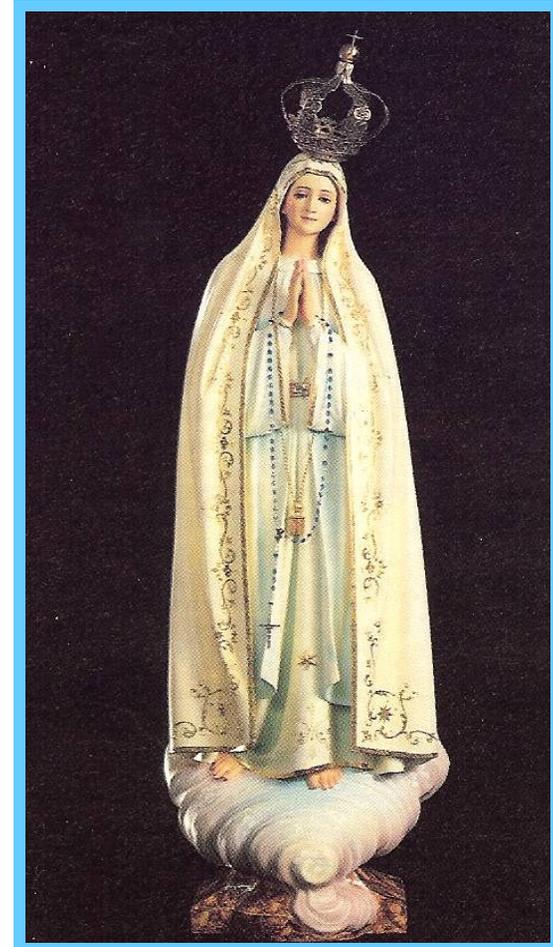
The Church sees Mary, then, not as the **goal**, but as the **guide**, who always leads souls who honor her with true devotion—to her Son, especially to Jesus in the Blessed Sacrament. When we pray to the Immaculate Heart of Mary for help in time of need, she in turn points to the Tabernacle, to Him who is ***"the Way, the Truth, and the Life."*** and has a way of conveying to us what she said to the steward at Cana: ***"Do whatever He tells you."*** (Jn.2:5)



"In the end my Immaculate Heart will triumph."

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First Saturday Devotions to Our Lady of Fatima



***Our Lady of Fatima,
Queen of the Most Holy Rosary,
pray for us.***

Devotion of the Five First Saturdays

The following is an explanation of the conditions contained in Our Lady's request regarding the Communion of reparation on any five consecutive First Saturdays of the Month throughout the year.

- 1. CONFESS AND RECEIVE HOLY COMMUNION:** On February 15, 1926 the Child Jesus alone came to visit Sr. Lucia and asked if the devotion to the Immaculate Heart of Mary was being propagated. Sr. Lucia spoke of a difficulty some people have in confessing on the first Saturday, and asked if they might be allowed eight days in order to fulfill Our Lady's requests. Jesus answered "Yes, even more time still, as long as they receive Me in the state of grace and have the intention of making reparation to the Immaculate Heart of Mary."
- 2. RECITE THE ROSARY:** Five decades of the Rosary may be recited at any time or place; yet, since one will be attending Mass in order to receive Holy Communion, a very desirable time and place would be before or after Mass in the presence of the Blessed Sacrament. Meditation on the mysteries according to one's capacity is an essential condition for praying the Rosary. Yet, involuntary distractions do no take from the Rosary its fruit, if one is doing the best he can.
- 3. "KEEP ME COMPANY FOR FIFTEEN MINUTES WHILE MEDITATING ON THE MYSTERIES OF THE ROSARY.":** The question is often asked: Does the meditation while reciting the Rosary fulfill this condition, **OR** is there required **an additional fifteen minutes of meditation**? **That an additional 15 minutes of meditation is required was confirmed by Sr. Lucia of Fatima. It is clear too from a statement by the first Bishop of Fatima.**
- 4. WITH THE INTENTION OF MAKING REPARATION:** All of the conditions mentioned above—in numbers 1-3—should be fulfilled with the intention **of making reparation to the Immaculate Heart of Mary**. On the occasion of the visit of the Child Jesus to Sr. Lucia (Feb. 16, 1926), she asked: "My Jesus, what about those who forget to make the intention?" Jesus answered: "They can do so at their next confession, taking advantage of their first opportunity to go to Confession."

WHY FIVE SATURDAYS????

It is sometimes asked why Our Lady asked for Communions of reparation on five consecutive first Saturdays, instead of some other number. Our Blessed Lord answered that question when He appeared to Sr. Lucia May 29, 1930. He explained that it was because of five kinds of offenses and blasphemies against the Immaculate Heart of Mary, namely: blasphemies against her Immaculate Conception, against her perpetual virginity, against the divine and spiritual maternity of Mary, blasphemies involving the rejection and dishonoring of her images, and the neglect of implanting in the hearts of children a knowledge and love of this Immaculate Mother.



An Act of Consecration to Our Lady

Mary, O my Mother, I am yours,
I, (recite your name) a wretched sinner, today
renew and ratify in thy hands, my Immaculate Mother,
the vows made for me at baptism by my sponsors.

I renounce forever Satan and all his pomps and works.
I give myself entirely to Jesus Christ, to carry my cross after Him
and to be more faithful to Him than I have ever been before.
I contemplate Him in His agony,
and realize that it was to save me from Hell,
to deliver me from the cruel slavery of the devil,
that He suffered this indescribable agony.

I offer myself to your Immaculate Heart, which suffered so
acutely for me at the foot of the Cross.
I wish to honor that sorrowful Heart,
which does so justly merit the love, the reverence,
the gratitude of all mankind.

My dear Mother, my loving advocate with Jesus,
I deliver and consecrate to thee, as thy slave, my body and soul, my
goods, my talents, my time, and even the value of all my good actions.
I leave to thee the entire and full right of disposing of me,
and all that belongs to me, without exception,
according to your pleasure,
for the greater glory of God in time and in eternity.

Amen





Prayer to the Blessed Virgin after Communion



O Mary, you desire so much to see Jesus loved;
If you love me, this is the favor which I ask of you,
to obtain for me a great personal love of Jesus Christ.
You obtain from your Son whatever you please;
pray then for me that I may never lose the grace of God
and that I may increase in holiness and perfection
from day to day.

By that grief which you suffered on Calvary, when you saw
Jesus expire on the cross, obtain for me a happy death,
that by loving Jesus, and you, my Mother,
on earth I may receive the reward
of loving and blessing you eternally in heaven. Amen.

(This prayer taken from an old prayer book, brings to mind the great help
Mary can give us with Jesus as we strive for Eternal Life. It also touches on us
the immense sorrow as well that She experienced at Calvary on our behalf.)

Keep in mind that in our prayers to Mary we honor, rather than worship her.

And that's fine with her! As she says in the prayer we call

The Magnificat, "*My soul magnifies the Lord and my spirit rejoices in God
my Savior*" (Luke 1:46-47). Her joy comes from loving and serving her Son.
And, as such she is happy to intercede with Him on our behalf and to give us
graces we need to do His will.

The graces Mary gives us come from God, a fact gladly acknowledged by
numerous saints. St. Alphonsus Liguori referred to our Blessed Mother
in his classic work *The Glories of Mary* as "*the universal dispenser of all
divine graces.*"

Mary herself revealed to St. Bridget that no one could possibly imagine
the pain she suffered when she saw our Lord die on the cross.
And yet, her suffering, like His, need not have been in vain for any of us.

The more we cultivate a relationship with Jesus and Mary,
with prayers like this one to her after Communion, the more we can
assure our eternal place with them in Heaven!

Our Lady appears to three children in Fatima, Portugal



On the 13th of each month from May to
October 1917, the Virgin Mary is said to have
appeared to three shepherd children—Lucia dos
Santos (age 10) and her cousins Jacinta (age 7) -
and Francisco Marto (age 9) - in the fields out-
side the village of Aljustrel near Fatima,
Portugal. The children later said that her coming
had been preceded by an "angel of peace" who
appeared in 1916. Lucia described her vision of
Mary as "more brilliant than the sun, shedding
rays of light clearer and stronger than a crystal glass filled with the most
sparkling water and pierced by the burning rays of the sun."

According to Lucia's account, Mary exhorted the children to do
penance to save sinners. They wore light cords around their waists to cause
pain, abstained from drinking water on hot days, and other works of penance.
Most important, she asked them to say the Rosary every day. She reiterated
many times that devotion to the Rosary was the key to personal and world
peace. Many young Portuguese men, including relatives of the visionaries,
were then fighting in World War I.

Lucia later reported that during the second apparition on June 13, the
Virgin Mary predicted the deaths of two of the children. When Lucia asked
the Virgin to take them to heaven soon, Mary replied, "*Yes, I shall take
Jacinta and Francisco soon, but you will remain a little longer, since Jesus
wishes you to make me known and loved on earth. He wishes also for you
to establish devotion in the world to my Immaculate Heart.*"

Jacinta Marto

Born—March 11, 1910 (Fatima)

Died—February 20, 1920 (Lisbon) Age 9

Lucia dos Santos

Born—March 22, 1907 (Fatima)

Died—February 13, 2005 (Chimera)
Age 97

Francisco Marto

Born—June 11, 1908 (Fatima)

Died—April 4, 1919 (Fatima) Age 10



*Three Fatima Visionaries
pose with rosaries 1917*

Litany of Our Lady of Fatima

Feast Day: May 13th

Our Lady of Fatima, *pray for our beloved country.*

Our Lady of Fatima, *sanctify our clergy.*

Our Lady of Fatima, *make our Catholics more fervent.*

Our Lady of Fatima, *guide and inspire those who govern us.*

Our Lady of Fatima, *cure the sick who confide in thee.*

Our Lady of Fatima, *console the sorrowful who trust in thee.*

Our Lady of Fatima, *help those who invoke thine aid.*

Our Lady of Fatima, *deliver us from all dangers.*

Our Lady of Fatima, *help us to resist temptation.*

Our Lady of Fatima, *obtain for us all that we lovingly ask of thee.*

Our Lady of Fatima, *help those who are dear to thee.*

Our Lady of Fatima, *bring to Holy Catholic Church those who are in error.*

Our Lady of Fatima, *obtain for us pardon of our manifold sins and offenses.*

Our Lady of Fatima, *bring all men to the feet of thy Divine Child.*

Our Lady of Fatima, *obtain peace for the world.*

O Mary conceived without sin, *pray for us who have recourse to thee.*

Immaculate Heart of Mary, *pray for us now and at the hour of our death.*
Amen.

Let us Pray:

O God of infinite goodness and mercy, fill our hearts with a great confidence in Thy dear Mother, whom we invoke under the title of Our Lady of the Rosary and Our Lady of Fatima, and grant us by her powerful intercession all the graces, spiritual and temporal, which we need.
through Christ Our Lord.
Amen

THE SABBATINE PRIVILEGE OF THE BROWN SCAPULA

WHAT IS THE SABBITINE PRIVILEGE?

It is a Privilege enjoyed by those who wear Our Lady's Scapular and fulfills the other conditions requested by the Blessed Virgin, namely,

1: to observe chastity according to one's state in life,

2: to recite daily the *Little Office of the Blessed Virgin*, or if unable to read,

3: some other pious work can be substituted for the Little Office such as praying the Rosary or abstaining from meat on Wednesday and Saturday.

Sometime after Our Lady gave her Scapular to St. Simon Stock along with the **First Scapular Promise*** [see previous page](#), she appeared to Pope John XXII who was living at Avignon in France, and gave him the **Second Great Scapular Promise**, saying: *"I, the Mother of Grace, shall descend on the Saturday after their death and whoso I shall find in Purgatory, I shall free, so that I may lead them unto the holy mountain of life everlasting."*

Pope Pius XI, writing on the occasion of the Sixth Centenary of the Sabbatine Privilege in 1922, brings before our minds the great treasure which is ours for so little effort when he says: *"It surely ought to be sufficient to merely exhort all the members of the sodalities to persevere in the holy exercises which have been prescribed for the gaining of the indulgences to which they are entitled and particularly for the gaining of the indulgence which is the principal, and the greatest of them all, namely, that called the Sabbatine."*

Those who wear the scapular always, will die in the Grace of God because they have confidence in the protection of the Mother of God. And this confidence is a sign of predestination. One way or another the soul that is devoted to Mary, will renounce sin before death.

The Mother of God showed a vision of Hell to the three little children of Fatima. She told them: *"Pray for sinners. Remember that many souls are lost because they have nobody to pray for them."* The sinner who wears the Scapular has a whole worldwide confraternity praying for them.

Our Lady has the power to keep any promise because she can ask that power from God, and God will refuse her nothing. Every other Saint in Heaven, asks as a servant of God. But the Blessed Virgin asks as a mother. And to the perfect mother, a perfect Son can refuse nothing. Those who die wearing the Scapular will not suffer everlasting fire. Mary said so. This is your **Garment of Grace.**

The Brown Scapular

(a sign of consecration to the Immaculate Heart of Mary)



In 1917 Our Lady requested five things at Fatima:

- 1.. Consecration to her Immaculate Heart
- 2.. Reception of Holy Communion on the first Saturdays of five consecutive months.
- 3.. The offering of daily sacrifices for the conversion of sinners.
- 4.. Five decades of the Rosary each day.
- 5.. *The wearing of the Scapular of Carmel as the sign of our consecration to Mary.

**Our Lady did not use words, but She held Her Scapular out of the skies in Her very last appearance at Fatima. Lucia (of whom it was said by Our Lady that she would live in order to spread devotion to Her Immaculate Heart) explained that Our Lady did so because "She wants everyone to wear it". Lucia said further: "The Rosary and the Scapular are inseparable" and that the reason for wearing the Scapular is because it is our "Sign of consecration to the Immaculate Heart of Mary."*

Our Lady asked for this consecration in the last apparition at Fatima, when She appeared as **OUR LADY OF MOUNT CARMEL**, holding the Brown Scapular out to the whole world. If you wear Mary's Brown Scapular you should know St. Simon Stock because it was to him that Our Blessed Mother gave the great Scapular Promise in 1251 saying, ***"Whosoever dies wearing this Scapular shall not suffer eternal fire. It is a sign of salvation, a safeguard in dangers, a pledge of peace and of the covenant."*** Our Lady further says: ***"Wear the Scapular devoutly and perseveringly, It is My garment. To be clothed in it means you are continually thinking of Me, and I in turn, am always thinking of you and helping you to secure eternal life."***

How can we receive the fulfillment of the Blessed Virgin Mary's Promise? We can have a priest enroll us in the Confraternity of the Brown Scapular. This is done in a short ceremony in which any baptized Catholic who wishes to wear the Brown Scapular has a priest invest you by saying, "Receive this blessed Scapular and ask the most Holy Virgin that, by Her merits, it may be worn with no stain of sin and may protect you from all harm and bring you into everlasting life." On the day of investiture the church prescribes that your name be entered on the register of the Archconfraternity of the Brown Scapular. Thus we share in the prayers of untold thousands of Mary's children who wear her scapular, including those who now wear it triumphantly in the Kingdom of Heaven.



The Memorare



Remember, O most gracious Virgin Mary,
that never was it known that anyone
who fled to thy protection, implored Thy help,
and sought Thy intercession, was left unaided.
Inspired with this confidence, I fly unto Thee,
O Virgin of virgins, my Mother;
to Thee I come, before Thee I stand sinful and sorrowful.
O Mother of the Word Incarnate, despise not my petitions,
but in Thy mercy, hear and answer me. Amen

The Magnificat /Canticle of Mary

My soul magnifies + the Lord,
and my spirit rejoices in God my Savior.
For He has regarded the low estate of His handmaiden,
for behold, henceforth all generations shall call me blessed.
For He who is mighty has done great things for me,
and holy is His name.
And His mercy is on those who fear Him from
generation to generation
He has shown strength with His arm:
He has scattered the proud in the imagination of their hearts.
He has put down the mighty from their thrones,
and exalted those of low degree.
He has filled the hungry with good things;
and the rich He has sent empty away.
He has helped His servant Israel, in remembrance of
His mercy;
as He spoke to our fathers,
to Abraham and to His posterity forever.
Glory be to the Father and to the Son and to the Holy Spirit.
As it was in the beginning, is now and ever shall be,
world without end.
Amen



Hymns to our Lady



Immaculate Mary

**Immaculate Mary, our hearts are on fire,
That title so wondrous fills all our desire.**

REFRAIN:

**Ave, Ave, Ave Maria!
Ave, Ave, Ave Maria!**

**We pray for God's glory
May His Kingdom come;
We pray for His Vicar
Our Father in Rome.**

REFRAIN:

**In grief and temptation,
In joy or in pain,
We'll seek Thee, our Mother
Nor seek Thee in vain.**

REFRAIN:

**In Heaven, the blessed
Thy glory proclaim,
On earth, we Thy children
Invoke Thy fair name.**

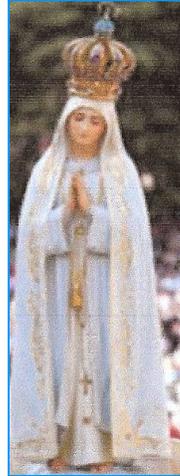
REFRAIN:

**We pray for our mother,
The Church upon earth;
And bless, dearest Lady,
The land of our birth.**

REFRAIN:

**We pray for all sinners,
And souls that now stray,
From Jesus and Mary,
In heresy's way.**

REFRAIN:



Apparitions to the three Children in Fatima

The Apparitions of the Angel:

1st apparition of the Angel...In the spring of 1916 the vision of an angel of peace who was to prepare them for the coming of the Lady Mary.

2nd apparition of the Angel...During the summer 1916 the angel appeared a second time to urge them to pray..."constantly offer prayers and sacrifices to the Most High". He presented himself as the guardian angel of Portugal.

3rd apparition and final apparition of the angel...In the autumn 1916 the Angel gave them Holy Communion, and demonstrated the proper way to receive Our Lord: all three children *knelt* to receive Communion.

The Apparitions of Our Blessed Lady:

1st apparition: May 13, 1917: the children were playing and saw a flash of lightning...then a Lady dressed in white appeared...the beautiful Lady said: "be not afraid, I come from Heaven, I come to ask you to come here on the thirteenth of the month at the same time for six months".

2nd apparition: June 13th (Feast day of St. Anthony) Our Lady asked the children to pray the Rosary daily.

3rd apparition: July 13th...this is when the Secret of Fatima was told to the children...it is said to have 3 parts.

4th apparition: August 13th and August 19th

5th apparition: September 13th

6th apparition: October 13th Final apparition in Fatima the Miracle of the Sun

Fatima Prayers



Taught by the Angel at Fatima (1916) (Pardon Prayer)

*My God, I believe, I adore, I hope and I love
You! I beg pardon for those who do not believe,
nor adore, nor hope, nor love You.*

Prayer of Reparation

*Most Holy Trinity, Father, Son and Holy Spirit, I adore You
profoundly. I offer You the most precious Body, Blood, Soul and
Divinity of Jesus Christ, present in all the tabernacles of the world in
reparation for the outrages, sacrileges and indifference by which He
is offended. And, through the infinite merits of the Sacred Heart of
Jesus and the Immaculate Heart of Mary, I beg of You the conversion
of sinners.*

Taught by Our Lady at Fatima (1917)

Eucharistic Prayer

*Most Holy Trinity, I adore You! My God, my God, I love You in the
Most Blessed Sacrament. (May 13, 1917)*

(After each decade of the Rosary repeat the following)

Rosary Decade Prayer

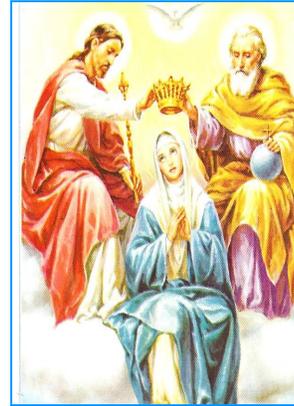
*O my Jesus, forgive us our sins, save us from the fires of hell and
lead all souls to heaven, especially those most in need of Your mercy!
(June 13, 1917)*

**Sacrifice yourselves for sinners and say often,
especially whenever you make a sacrifice:**

Sacrifice Prayer

*O my Jesus, it is for love of You, in reparation for the offenses
committed against the Immaculate Heart of Mary, and for the
conversion of poor sinners.*

Hail, Holy Queen Enthroned Above



***Hail, Holy Queen enthroned above
O Maria!***

***Hail, Mother of Mercy and of love
O Maria!***

***Triumph, all ye Cherubim,
Sing with us, ye Seraphim
Heaven and earth resound the hymn:***

***Salve, Salve, Salve Regina.
Our life, our sweetness here below,
O Maria!***

***Our hope in sorrow and in woe
O Maria!***



On This Day O Beautiful Mother

***On this day, O beautiful Mother,
On this day we give Thee our love.
Hear Thee, Madonna, fondly we hover
Trusting Thy gentle care to prove.***

***On this day we ask to share
Dearest Mother, Thy sweet care,
Aid us ere our feet astray
Wander from Thy guiding care.***

***Queen of angels, deign to hear,
Lisping children's humble pray'r
Young hearts gain, O Virgin pure,
Sweetly to thyself allure.***

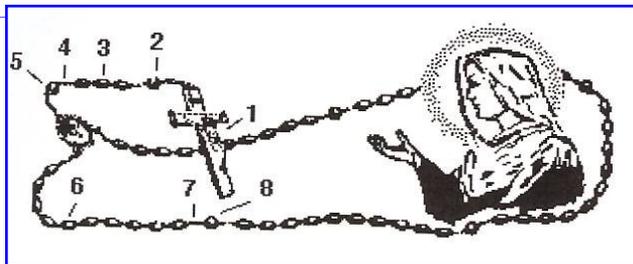
The way to Pray the Rosary is as follows:

1. While making the sign of the cross: say in the name of the Father, and the Son, and the Holy Ghost. Amen
Then pray the **Apostle's Creed**: *I believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, Our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary; suffered under Pontius Pilate, was crucified, died, and was buried; He descended into hell; the third day He rose again from the dead; He ascended into heaven; is seated at the right hand of God the Father Almighty; from thence He Shall come to judge the living and the dead. I believe in the Holy Spirit; the Holy Catholic Church; the Communion of Saints; the forgiveness of sins; the resurrection of the body; and life everlasting. Amen.*
2. **Our Father**: *Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven; give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation; but deliver us from evil. Amen.*
3. **Three Hail Mary's** ...for an increase in the virtues of faith, hope and charity....Hail Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.
4. **Glory Be**: Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be. World without end. Amen.
5. Announce the first decade of the mystery you are praying, then say the **Our Father**.
6. Say 10 **Hail Mary's**, while meditating on the decade of the Mystery.
7. Say a **Glory Be** and the **Fatima Prayer after the decade**: O my Jesus, forgive us our sins, save us from the fires of hell and lead all souls to heaven, especially those most in need of Your mercy!
8. Announce the second decade of the mystery you are praying then say the **Our Father, Hail Mary, Glory Be, and Fatima Prayer**.
Then announce the Third decade of the mystery you are praying and repeat as in #8 above. Continue for the Fourth and Fifth decades of the mystery in the same manner. When completed then pray:

The Hail Holy Queen: Hail Holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve, To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary! Pray for us, O Holy Mother of God, That we may be made worthy of the promises of Christ. Amen.
Next recite: Let us pray, then pray:

O God, whose only-begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech Thee, that, meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen

Finally pray for: the intentions of The Holy Father: as follows: one Our Father, one Hail Mary and One Glory Be.



The Mysteries of the Holy Rosary

Joyful Mysteries

(prayed on Monday and Saturday)

- First Decade: The Annunciation of Gabriel to Mary
- Second Decade: The Visitation of Mary to Elizabeth
- Third Decade: The Birth of Our Lord
- Fourth Decade: The Presentation of Our Lord
- Fifth Decade: The Finding of Our Lord in the Temple

Sorrowful Mysteries

(prayed on Tuesday and Friday)

- First Decade: The Agony of Our Lord in the Garden
- Second Decade: Our Lord is Scourged at the Pillar
- Third Decade: Our Lord is Crowned with Thorns
- Fourth Decade: Our Lord Carries the Cross to Calvary
- Fifth Decade: The Crucifixion of Our Lord

Glorious Mysteries

(prayed on Wednesday and Sunday)

- First Decade: The Glorious Resurrection of Our Lord
- Second Decade: The Ascension of Our Lord
- Third Decade: The Descent of the Holy Spirit at Pentecost
- Fourth Decade: The Assumption of Mary into Heaven
- Fifth Decade: The Coronation of Mary as Queen of Heaven and Earth

Luminous Mysteries

(prayed on Thursday)

- First Decade: The Baptism of Our Lord in the Jordan River
- Second Decade: The Wedding at Cana, when Christ manifested Himself
- Third Decade: The Proclamation of the Kingdom of God
- Fourth Decade: The Transfiguration of Our Lord
- Fifth Decade: The Last Supper, when Our Lord instituted the Holy Eucharist.