

Act of Reparation to The Sacred Heart of Jesus

Sacred Heart of Jesus, animated with a desire to repair the outrages unceasingly offered to Thee, we prostrate before Thy throne of mercy, and in the name of all mankind, pledge our love and fidelity to Thee!

The more Thy mysteries are blasphemed, the more firmly we shall believe them, O Sacred Heart of Jesus!

The more impiety endeavors to extinguish our hopes of immortality, the more we shall trust in Thy Heart, sole hope of mankind!

The more hearts resist Thy Divine attractions, the more we shall love Thee, O infinitely amiable heart of Jesus!

The more unbelief attacks Thy Divinity, the more humbly and profoundly we shall adore It, O Divine Heart of Jesus!

The more Thy holy laws are transgressed and ignored, the more we shall delight to observe them, O most holy Heart of Jesus!

The more Thy Sacraments are despised and abandoned, the more frequently we shall receive them with love and reverence, O most liberal Heart of Jesus!

The more the imitation of Thy virtues is neglected and forgotten, the more we shall endeavor to practice them, O Heart, model of every virtue!

The more the devil labors to destroy souls, the more we shall be inflamed with desire to save them, O Heart of Jesus, zealous Lover of souls!

The more sin and impurity destroy the image of God in man, the more we shall try by purity of life to be a living temple of the Holy Spirit, O Heart of Jesus!

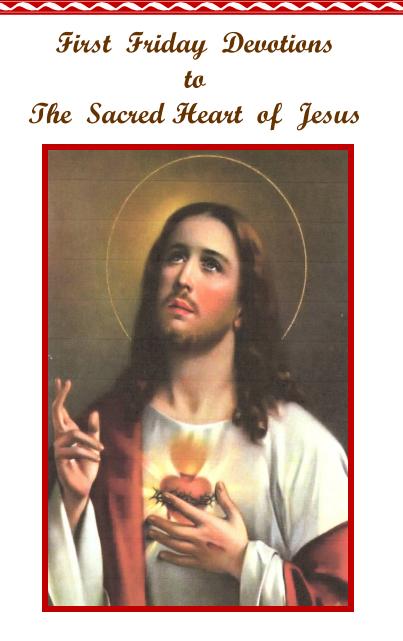
The more Thy Holy Church is despised, the more we shall endeavor to be her faithful children, O Sweet Heart of Jesus!

The more Thy Vicar on earth is persecuted, the more we will honor him as the infallible head of Thy Holy Church, show our fidelity and pray for him, O kingly Heart of Jesus!

O Sacred Heart, through Thy powerful grace, may we become Thy apostles in the midst of a corrupted world, and be Thy crown in the Kingdom of heaven. Amen.

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## Sacred Heart of Jesus, have mercy on us.

### Nine First Fridays Devotions to the Sacred Heart of Jesus

from the writings of St. Margaret Mary Alacoque

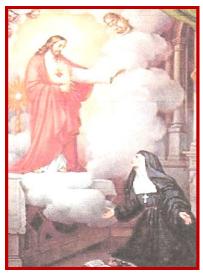
Sr. Margaret Mary Alacoque said that Jesus told her on a Friday during Holy Communion the following,... "I promise you in the excessive mercy of My Heart, that its all-powerful love will grant to all those who receive Holy Communion on nine first Fridays of consecutive months the grace of final repentance; they will not die under my displeasure or without receiving their sacraments, My divine Heart making itself their assured refuge at the last moment."

### With regard to this promise it may be remarked:

- 1. That our Lord required Communion to be received on a particular day chosen by Him;
- 2. That the nine Fridays must be consecutive;
- 3. That they must be made in honor of His Sacred Heart, which means that those who make the nine Fridays must practice the devotion and must have a great love for our Lord;
- 4. That our Lord does not say that those who make the nine Fridays will be dispensed from any of their obligations or from exercising the vigilance necessary to lead a good life and overcome temptation; rather He implicitly promises abundant graces to those who make the nine Fridays to help them to carry out these obligations and persevere to the end;
- 5. That perseverance in receiving Holy Communion for nine consecutive First Fridays helps the faithful to acquire the habit of frequent Communion, which our Lord eagerly desires; and
- 6. That the practice of the nine Fridays is very pleasing to our Lord since He promises such great reward, and that all Catholics should endeavor to make the nine Fridays.

# The following First Friday devotions are efficacious in honoring the Sacred Heart of Jesus:

- 1. The Holy Sacrifice of the Mass
- 2. Adoration of the Blessed Sacrament
- 3. Act of Consecration to the Sacred Heart of Jesus
- 4. Act of Reparation \*see back page
- 5. The Litany of the Sacred Heart of Jesus
- 6. The Sacrament of Reconciliation



### Begin-

#### ning on December 27,

1673, through 1675, Our Lord appeared to St. Margaret Mary Alacoque asking her to receive Him in Holy communion on the First Friday of every month and to meditate on His passion from 11:00PM to 12:00 midnight each Thursday. He also revealed to her twelve promises for all who are devoted to His Sacred Heart; he asked for a Feast of the Sacred Heart to be instituted in the liturgical calendar of the Church (it is the Friday after Corpus Christi Sunday). Our Lord appeared to St. Margaret Mary Alacoque with twelve promises for those devoted to His Most Sacred Heart.

### Promises for those devoted to the Sacred Heart:

- 1. "I will give them all the graces necessary in their state of life."
- 2. "I will establish peace in their homes."
- 3. "I will comfort them in their afflictions."
- 4. "I will be their secure refuge during life, and above all in death."
- 5. "I will bestow a large blessing upon all their undertakings."
- 6. "Sinners shall find in My Heart the source and the infinite ocean of mercy."
- 7. "Tepid souls shall grow fervent."
- 8. "Fervent souls shall quickly mount to high perfection."
- 9. "I will bless every place where a picture of My Heart shall be set up and honored."
- 10. "I will give to priests the gift of touching the most hardened hearts."
- 11. "Those who shall promote this devotion shall have their names written in My heart, never to be blotted out."
- 12. "I promise thee in the excessive mercy of My Heart that My allpowerful love will grant to all those who communicate on the First Friday in nine consecutive months, the grace of final penitence; they shall not die in My disgrace nor without receiving the Sacraments; My Divine Heart shall be their safe refuge in this last moment."