XI Lord, through the *Five "Signs" of a Christian*, may I cast out the demons of addiction and inappropriate life; speak the language of love, joy and peace; be fearless before the serpents of hatred, jealously and unfaithfulness, remain unharmed by the poison of slander, injustice, sickness; be a healing touch for those who find life wearisome and lonely. THROUGH YOUR GLORIOUS RESURRECTION, GRANT ME THIS GRACE, LORD JESUS. [Mk.16: 17-18]

XII Lord, You *Promised to Remain Always With Us.* May I trust in Your Presence and find strength and courage in knowing that You are always with me, to guide, guard and protect me.

THROUGH YOUR GLORIOUS RESURRECTION, GRANT ME THIS GRACE, LORD JESUS. [Mt.28: 19-20]

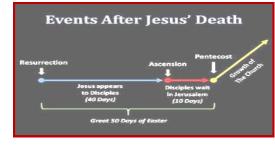
XIII Lord, through Your *Glorious Ascension to the Right Hand of the Father*, may I look to the heavens for strength and protection as I confidently keep my feet well-grounded on earth, fulfilling whatever the Will of the Father entrusted to me for His glory, my salvation, and the good of others. THROUGH YOUR GLORIOUS RESURRECTION, GRANT ME THIS GRACE, LORD JESUS. [Jn.6:53; Mt.6:11]

XIV Lord, through Your Promise that Your *Followers would be baptized in the Holy Spirit* to be witnesses of the Resurrection to all the world, may I be truly wise and always follow the Father's Will through the guidance and inspiration of the Holy Spirit in my life.

THROUGH YOUR GLORIOUS RESURRECTION, GRANT ME THIS GRACE, LORD JESUS. [Act.1:4-8; 12-15]

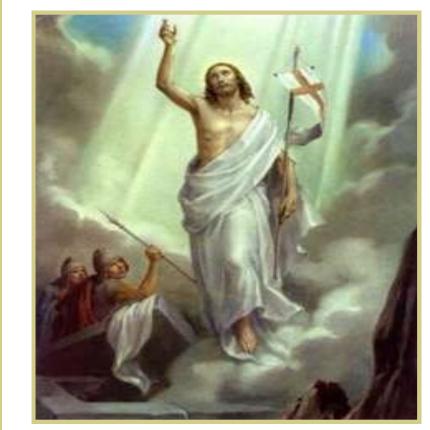
XV Lord, through the *Decent of the Holy Spirit* on the Early Christian Community gathered in the Upper Room together with Mary, may my heart burn with an inner fire of love and enthusiasm for the Faith, that in the gifts and the fruits of the Holy spirit, I may fearlessly proclaim that You are Jesus, Son of God, Lord and Savior, in Whose Name we find salvation. THROUGH YOUR GLORIOUS RESURRECTION, GRANT ME THIS GRACE, LORD JESUS.

[Acts 2]



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## **The 15 "Stations of Joy"** From Resurrection to Pentecost



The "Stations of Joy" each commemorate one of the passages in Scripture when the Resurrected Jesus tried tenderly to convince us of His Resurrection, to change our sorrows into joys. A sad Christian is not a convincing Christian... let us try to pray and live these "Stations of Joy" during the glorious Paschal time, from Easter Sunday to Pentecost.

The 40 days of Lent are intense ones for a Christian, but the next 40 days of Paschal time, from the Resurrection to the Ascension, should be the most joyful, ending an extra 10 days later with the glory of Pentecost.

## The 15 "Stations of Joy"

(The Scriptural citations after each Station of Joy are offered for anyone who might desire to use a Station a day as a personal point of meditation)

## Litany of the Stations of Easter Joy

I Lord, through Your glorious *Resurrection*, may I live in the gift of Your love, joy and peace, and witness the New Life You offer those, who believe in you.

THROUGH YOUR GLORIOUS RESURRECTION, GRANT ME THIS GRACE, LORD JESUS. [Mt.28, Mk. 16, Lk.24-28, Jn.20-21]

II Lord, through Your encounter with *Mary Magdalene* after Your Resurrection, may I hear You speak my name each day in the depths of my heart and respond by proclaiming Your love to others in my life. THROUGH YOUR GLORIOUS RESURRECTION, GRANT ME THIS GRACE, LORD JESUS. [Jn.20, Mt.28, Mk.16]

III Lord, through Your encounter with the other *Holy Women* and instruction to tell the Good News to the disciples of Your Resurrection, may I be fearless in proclaiming my Faith in You to everyone.

THROUGH YOUR GLORIOUS RESURRECTION, GRANT ME THIS GRACE, LORD JESUS. [Mt.28, 8-10; Lk.24, 10-11]

**IV** Lord, through Your encounter with *Two Disciples from Emmaus* who were enlightened on the road and recognized You in the Breaking of the Bread, may I hear Your Word with an open heart and always acknowledge You truly present in the Sacrament of the altar. May I joyfully acknowledge You without hesitation as the two of Emmaus did.

THROUGH YOUR GLORIOUS RESURRECTION, GRANT ME THIS GRACE, LORD JESUS. [Lk.24: 13-35]

V Lord, through the *Peace, Pardon, and the Paraclete's* grace You offered as the first gifts of Your resurrection, may I co-operate with God's grace and be a source of forgiveness and peace to others.

THROUGH YOUR GLORIOUS RESURRECTION, GRANT ME THIS GRACE, LORD JESUS. [Jn.20: 21-23] VI Lord, through Your manifestation to the *Doubting Thomas*, may I come to recognize You in the wounds and scars of those who suffer in any way, and acknowledge You before all people as *My Lord, and My God*. THROUGH YOUR GLORIOUS RESURRECTION, GRANT ME THIS GRACE, LORD JESUS. [Jn.20: 24-28]

VII Lord, through Your appearance and concern for the needs of the *Apostles who went fishing* and Your eating with them as a sign that it was truly You alive, grant that I recognize You in the ordinary moments of life and trust that You assist me in my needs. Let may faith in You be proof enough for me.

THROUGH YOUR GLORIOUS RESURRECTION, GRANT ME THIS GRACE, LORD JESUS. [Jn.21, 1-14]

VIII Lord, through Your loving encounter with *Peter on the Shore and Entrusting to Him the Responsibility to Shepherd Your Flock,* may I always be faithful to the Church and those called to Shepherd Your people. May I never forget that where there is Peter, there is the Church, and where there is the Church, there are you Who guide guard and protect us through our shepherds.

THROUGH YOUR GLORIOUS RESURRECTION, GRANT ME THIS GRACE, LORD JESUS. [Jn.21: 15-17]

IX Lord, through Your loving encounter with *Mary Your Mother after Your Glorious resurrection*, may I always foster a deep love and devotion for our Heavenly Mother. May I celebrate her exalted place in the mystery of our salvation, and confide in Her almighty intercession for all God's children.

THROUGH YOUR GLORIOUS RESURRECTION, GRANT ME THIS GRACE, LORD JESUS. [Jn. 20, Acts 1]

X Lord, You commanded Your followers to *Go and Preach the Gospel to all Creation*. May I be a living gospel of peace and blessings to all that through my words and actions others may come to know, love and serve You.

THROUGH YOUR GLORIOUS RESURRECTION, GRANT ME THIS GRACE, LORD JESUS. [Mt.28: 19-20]