

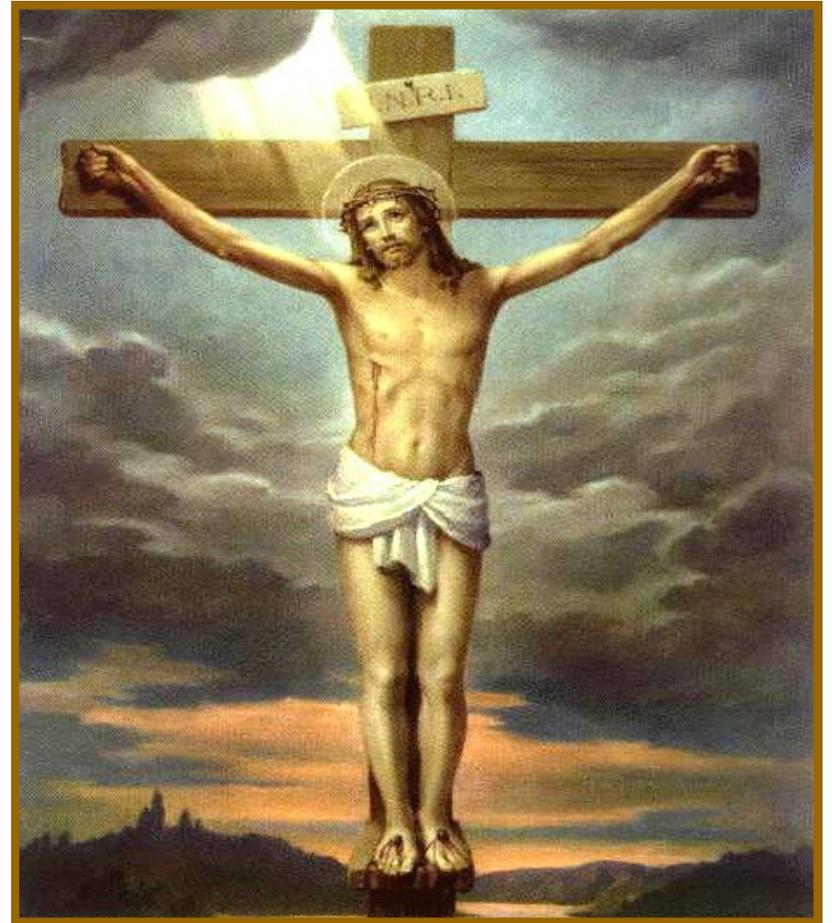


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## Novena in Honor of the Exaltation of the Holy Cross

Recited from: September 5th through September 13th

Feast Day: September 14th



*We adore thee, O Christ, and we bless Thee,  
for by Thy Cross Thou hast redeemed the world.*

## Novena in Honor of the Exaltation of the Holy Cross

*Adoramus te, Christe, et benedicimus tibi,  
quia per crucem tuam redemisti mundum.*

***We adore thee, O Christ, and we bless Thee,  
for by Thy Cross Thou hast redeemed the world.***

Let us faithfully pray the Novena in honor of the  
Exaltation of the Holy Cross :

Jesus, Who because of Thy burning Love for us  
willed to be crucified  
and to shed Thy Most Precious Blood  
for the Redemption and Salvation of our souls,  
look down upon us and grant the petition we humbly ask for

***(our prayer intention here...)***

Lord we trust completely in Thy Mercy.  
Cleanse us from sin by Thy Grace,  
sanctify our work,  
give us and all those who are dear to us our daily bread,  
lighten the burden of our sufferings,  
bless our families,  
and grant to the nations,  
so sorely afflicted,  
Thy Peace, which is the only True Peace,  
so that by obeying Thy Commandments  
we may come at last to the Glory of Heaven. Amen

Oremus/Let us pray :

O God, Who, for the redemption of the world, wast pleased to be born  
in a stable, and to die upon a Cross; O Lord Jesus Christ, by Thy Holy  
Sufferings, which we, Thy unworthy servants, devoutly call to  
mind, by Thy Holy Cross, and by Thy Holy Passion and Death, deliver  
us from the pains of hell, and vouchsafe to conduct us whither Thou  
didst conduct the thief who was crucified with Thee.

*We Catholics have a great share in this Exaltation of the Cross.  
It is our special trust, our badge, our glory. Like the first  
Christians, it is ours to honor, to use, to be known by. Those  
who have fallen from the true faith have laid it aside as  
childish and not fit for the mature. But the Gospel was  
preached to the childlike, and the Kingdom of Heaven reserved  
for them. So we will keep our childlike ways, and loyally use the  
sacred sign. We will make it with reverence, with confidence,  
with joy. And the day will come when we who are signed with  
the Sign of the Cross upon our foreheads will go forth to meet  
our Redeemer, and He will acknowledge us to be His own. Like  
Constantine, by that sign we shall conquer.*

*On the Feast of the Exaltation of the Cross (or Triumph of the  
Cross) we honor the Holy Cross by which Christ redeemed the  
world.*

*The public veneration of the Cross of Christ originated in the  
fourth century, according to early accounts, beginning with the  
miraculous discovery of the cross on September 14, 326, by  
Saint Helen, mother of Constantine, while she was on a  
pilgrimage to Jerusalem -- the same day that two churches  
built at the site of Calvary by Constantine were dedicated.*

*Christians "exalt" the Cross of Christ as the instrument of our  
salvation. Adoration of the Cross is, thus, adoration of Jesus  
Christ, the God Man, who suffered and died on this Roman  
instrument of torture for our redemption from sin and death.  
The Holy Cross represents the One Sacrifice by which Jesus,  
obedient even unto death, accomplished our salvation. The  
Holy Cross is a symbolic summary of the Passion, Crucifixion  
and Resurrection of Christ -- all in one image.*

*Christians "exalt" the Cross of Christ as the instrument of our  
salvation.*