

### MEDITATED ROSARY

# Joyful Mysteries Monday and Saturday

### 1st Joyful Mystery The Annunciation to Mary

#### From the Gospel according to Luke

The angel said, "Don't be afraid, Mary. God is honoring you. Look! You will conceive and give birth to a son, and you will name him Jesus. He will be great and he will be called the Son of the Most High. The Lord God will give him the throne of David his father. He will rule over Jacob's house forever, and there will be no end to his kingdom».

#### From the writings of Saint Pio of Pietrelcina

The Lord's words are also for each one of us: Give me your heart.

Do not waste the encouragement of such a tender and caring Father. Open the door of your heart to Him with total trust and abandonment.

## 2<sup>nd</sup> Joyful Mystery The Visitation of Mary

#### From the Gospel according to Luke

Mary got up and hurried to a city in the Judean highlands. She entered Zechariah's home and greeted Elizabeth. When Elizabeth heard Mary's greeting, the child leaped in her womb, and Elizabeth was filled with the Holy Spirit. With a loud voice she blurted out, «God has blessed you above all women, and he has blessed the child you carry».

#### From the writings of Saint Pio of Pietrelcina

Reflect upon the great humility of the Mother of God, our Mother, and constantly keep it within your mental gaze. The more she was filled with heavenly gifts, the more deeply did she humble herself. Let it be for you like for her: the more gifts you receive, the more you want to humble yourself.

### 3<sup>rd</sup> Joyful Mystery The Birth of our Lord Jesus Christ

#### From the Gospel according to Luke

The angel said, "Don't be afraid! Look! I bring good news to you - wonderful, joyous news for all people." Your savior is born today in David's city. He is Christ the Lord. This is a sign for you: you will find a newborn baby wrapped snugly and lying in a manger». Suddenly a great assembly of the heavenly forces was with the angel praising God. They said, "Glory to God in heaven, and on earth peace among those whom he favors».

**Our** heart feels too small to contain the heavenly favours and our soul seems to almost disintegrate in the presence of this God who took human flesh for our own sake. How can we help loving Him more and more fervently? Oh, let us draw near to the Child Jesus with our hearts free from sin, that we may discover how sweet and delightful it is to love Him.

# 4<sup>th</sup> Joyful Mystery The Presentation of the Child Jesus in the Temple

### From the Gospel according to Luke

Simeon took Jesus in his arms and praised God. He said, «Now, master, let your servant go in peace according to your word, because my eyes have seen your salvation. You prepared this salvation in the presence of all peoples. It's a light for revelation to the Gentiles and a glory for your people Israel».

### From the writings of Saint Pio of Pietrelcina

Holiness means loving our neighbour as ourselves, all for the love of God. In this connection holiness means loving those who curse us, who hate and persecute us, and even doing good to them. Holiness means living humbly, being disinterested, prudent, just, patient, kind, chaste, meek, diligent, carrying out one's duties for no other reason than that of pleasing God and receiving from Him alone the reward we deserve.

# 5<sup>th</sup> Joyful Mystery The Finding of Our Lord in the Temple

#### From the Gospel according to Luke

When his parents saw him, they were shocked. His mother said, «Child, why have you treated us like this? Listen! Your father and I have been worried. We've been looking for you!» Jesus replied, «Why were you looking for me? Didn't you know that it was necessary for me to be in my Father's house?».

### From the writings of Saint Pio of Pietrelcina

You may be fearful, if you like, but let your fear be a holy fear, which is never separated from love. When fear and love are united, they help each other, like sisters, to remain on their feet and to walk securely in the Lord's paths.

## MEDITATED ROSARY

## Sorrowful Mysteries

Tuesday and Friday

# 1st Sorrowful Mystery The Agony of Christ in the Garden

#### From the Gospel according to Mark

Jesus and his disciples came to a place called Gethsemane. Jesus said to them, *«Sit here while I pray». He took Peter, James, and John along with him. He began to feel despair and was anxious. He said to them, «I'm very sad. It's as if I'm dying. Stay here and keep alert». Then he went a short distance farther and fell to the ground. He prayed that, if possible, he might be spared the time of suffering. He said, <i>«Abba, Father, for you all things are possible. Take this cup of suffering away from me. However - not what I want but what you want».* 

Hence it is, Father, that the bitterness of the trial is sweetened by the balm of God's goodness and mercy. Praise be to God who can so marvellously alternate joy and tears so as to lead the soul by unknown paths to the attainment of perfection.

# 2<sup>nd</sup> Sorrowful Mystery *The Scourging at the Pillar*

### From the Gospel according to Matthew

Pilate saw that he was getting nowhere and that a riot was starting. So he took water and washed his hands in front of the crowd. «I'm innocent of this man's blood» he said. «It's your problem». All the people replied, «Let his blood be on us and on our children». Then he released Barabbas to them. He had Jesus whipped, then handed him over to be crucified.

### From the writings of Saint Pio of Pietrelcina

Never fall back on yourselves, but place all your trust in God and don't be too eager to be set free from your present state. Let the Holy Spirit act within you.

# 3<sup>rd</sup> Sorrowful Mystery *The Crowning with Thorns*

### From the Gospel according to John

The soldiers twisted together a crown of thorns and put it on his head, and dressed him in a purple robe. Over and over they went up to him and said, «Greetings, king of the Jews!» And they slapped him in the face.

#### From the writings of Saint Pio of Pietrelcina

May faith and the reassurance of the Christian hope always offer you continual support. If you act in this way the heavenly Father will ease your trials with the balm of His goodness and mercy.

# 4<sup>th</sup> Sorrowful Mystery *The Carrying of the Cross*

#### From the Gospel according to Matthew

When they came to a place called Golgotha, which means Skull Place, they gave Jesus wine mixed with vinegar to drink. But after tasting it, he didn't want to drink it. After they crucified him, they divided up his clothes among them by drawing lots. They sat there, guarding him. They placed above his head the charge against him. It read, *«This is Jesus, the king of the Jews»*.

### From the writings of Saint Pio of Pietrelcina

What are you afraid of with regard to your own soul? Don't you know that Jesus is with you and is doing everything within you? Calm yourself, Father, and do not heed those vain and useless fears; fill up the empty places in our heart with a fervent love of God.

# 5<sup>th</sup> Sorrowful Mystery The Crucifixion and Death of Our Lord on the Cross

#### From the Gospel according to Luke

It was now about noon, and darkness covered the whole earth until about three o'clock, while the sun stopped shining. Then the curtain in the sanctuary tore down the middle. Crying out in a loud voice, Jesus said, *«Father,into your hands I entrust my life» After he said this, he breathed for the last time.* 

I am all aflame, although there is no fire. I feel myself bound to the Son by means of this Mother, without seeing the chains which bind me so tightly. A thousand flames consume me; I feel I am constantly dying, yet I am still alive.

## MEDITATED ROSARY

## **Glorious Mysteries**

Wednesday and Sunday

1<sup>st</sup> Glorious Mystery *The Resurrection* 

#### From the Gospel according to Matthew

The angel said to the women, «Don't be afraid. I know that you are looking for Jesus who was crucified. He isn't here, because he's been raised from the dead, just as he said. Come, see the place where they laid him. Now hurry, go and tell his disciples, "He's been raised from the dead. He's going on ahead of you to Galilee. You will see him there." I've given the message to you».

#### From the writings of Saint Pio of Pietrelcina

Let yourself be guided by Jesus by means of authority as he pleases. Be assured that all is well with you and will always be well. Jesus is and will be yours; you are his and will always be his!

# 2<sup>nd</sup> Glorious Mystery *The Ascension*

#### From the Acts of the Apostles

After his suffering, he showed them that he was alive with many convincing proofs. He appeared to them over a period of forty days, speaking to them about God's kingdom. «you will receive power when the Holy Spirit has come upon you, and you will be my witnesses in Jerusalem, in all Judea and Samaria, and to the end of the earth». After Jesus said these things, as they were watching, he was lifted up and a cloud took him out of their sight.

#### From the writings of Saint Pio of Pietrelcina

Peace is simplicity and serenity of the mind, tranquillity of the soul, the bond of love. Peace means order, harmony in our whole being, it means continual contentment springing from the knowledge of a good conscience; it is the holy joy of a heart in which God reigns. Peace is the way to perfection, indeed perfection is to be found in peace.

# 3<sup>rd</sup> Glorious Mystery *The descent of the Holy Spirit*

#### From the Acts of the Apostles

When Pentecost Day arrived, they were all together in one place. Suddenly a sound from heaven like the howling of a fierce wind filled the entire house where they were sitting. They saw what seemed to be individual flames of fire alighting on each one of them. They were all filled with the Holy Spirit.

Let us always trust in God and may our lively faith and the comfort of Christian hope assist us in this. We must pray continually, moreover, that peace may soon smile on the nations.

# 4th Glorious Mystery *The Assumption*

#### From the Gospel according to Luke

With all my heart I glorify the Lord! In the depths of who I am I rejoice in God my savior. He has looked with favor on the low status of his servant. Look! From now on, everyone will consider me highly favoured.

### From the writings of Saint Pio of Pietrelcina

I wish I had a voice strong enough to invite the sinners of the whole world to love Our Lady. But since this is not within my power, I have prayed and will pray to my dear Angel to perform this task for me.

# 5<sup>th</sup> Glorious Mystery The Crowning of Our Lady Queen of Heaven

#### From the Book of Revelation

Then a great sign appeared in heaven: a woman clothed with the sun, with the moon under her feet and a crown of twelve stars on her head.

### From the writings of Saint Pio of Pietrelcina

The external doors open, and the mother of God enters. As soon as the blessed ranks see her, they are struck by the splendor of her beauty and so they all move to greet her joyfully and with rejoicing; they salute and honour her with the most exalted titles, prostrate themselves at her feet, present their compliments to her, and unanimously proclaim her Queen. The Holy Trinity joins the feast of angels. The Father welcomes His beloved one and invites Her to take part in his power.

## MEDITATED ROSARY

## Luminous Mysteries

Thursday

1<sup>st</sup>Luminous Mystery *The Baptism in the Jordan* 

#### From the Gospel according to Matthew

At that time Jesus came from Galilee to the Jordan River so that John would baptize him. When Jesus was baptized, he immediately came up out of the water. Heaven was opened to him, and he saw the Spirit of God coming down like a dove and resting on him. A voice from heaven said, «This is my Son whom I dearly love; I find happiness in him».

#### From the writings of Saint Pio of Pietrelcina

We believe that Jesus will invariably sustain us by his grace. We shall fight as strong men, through the strength of our souls, and the prize will not be far off.

# 2<sup>nd</sup> Luminous Mystery *The Wedding at Cana*

#### From the Gospel according to John

On the third day there was a wedding in Cana of Galilee. Jesus' mother was there, and Jesus and his disciples were also invited to the celebration. When the wine ran out, Jesus' mother said to him, *«They don't have any wine»*.

Jesus replied, «Woman, what does that have to do with me? My time hasn't come yet». His mother told the servants, «Do whatever he tells you». Nearby were six stone water jars used for the Jewish cleansing ritual, each able to hold about twenty or thirty gallons.

Jesus said to the servants, «Fill the jars with water», and they filled them to the brim. Then he told them, «Now draw some from them and take it to the headwaiter», and they did. The headwaiter tasted the water that had become wine. He didn't know where it came from, though the servants who had drawn the water knew.

The headwaiter called the groom and said, *«Everyone serves the good wine first. They bring out the second-rate wine only when the guests are drinking freely. You kept the good wine until now».* 

#### From the writings of Saint Pio of Pietrelcina

Be patient and persevere in the holy exercise of meditation and be content with taking small steps, until you have the legs to run, or better still, wings to fly. Be content with obedience, which is never an easy matter for a soul which has chosen God as its portion, and resign yourself for now, to being a little bee in a hive, that will soon become a big bee capable of making honey.

# 3<sup>rd</sup> Luminous Mystery *The Proclamation of the Kingdom*

#### From the Gospel according to Mark

After John was arrested, Jesus came into Galilee announcing God's good news, saying, «Now is the time! Here comes God's kingdom! Change your hearts and lives, and trust this good news!»

#### From the writings of Saint Pio of Pietrelcina

Jesus said: Unless you become like children, you will never enter the kingdom of heaven. And before teaching this by his words, he had already put it into practice. He became a child and gave us the example of that simplicity he was to teach us later also by his words.

# 4<sup>th</sup> Luminous Mystery *The Transfiguration*

#### From the Gospel according to Mark

Six days later Jesus took Peter, James, and John, and brought them to the top of a very high mountain where they were alone. He was transformed in front of them, and his clothes were amazingly bright, brighter than if they had been bleached white. Elijah and Moses appeared and were talking with Jesus. Peter reacted to all of this by saying to Jesus, «Rabbi, it's good that we're here. Let's make three shrines—one for you, one for Moses, and one for Elijah». He said this because he didn't know how to respond, for the three of them were terrified.

Then a cloud overshadowed them, and a voice spoke from the cloud, «This is my Son, whom I dearly love. Listen to him».

I am consumed by the love for God and the love for my neighbour. God is continually fixed in my mind and imprinted in my heart. I never lose sight of him.

## 5<sup>th</sup> Luminous Mystery The Institution of the Eucharist

#### From the Gospel according to Matthew

While they were eating, Jesus took bread, blessed it, broke it, and gave it to the disciples and said, *«Take and eat. This is my body». He took a cup, gave thanks, and gave it to them, saying, «Drink from this, all of you. This is my blood of the covenant, which is poured out for many so that their sins may be forgiven. I tell you, I won't drink wine again until that day when I drink it in a new way with you in my Father's kingdom».* 

#### From the writings of Saint Pio of Pietrelcina

Let us approach to receive the bread of angels with great faith and with a great flame of love in our hearts. Let us await this most tender lover of our souls in order to be consoled in this life with the kiss of His mouth. Happy are we if we succeed in receiving from the Lord the consolation of this kiss in the present life! Then indeed will we feel our will inseparably bound to Jesus will at all times and nothing in the world will prevent us from willing what our divine Master wills.



