

Feast of The Exaltation of the Holy Cross

Glory in the Cross of Our Lord Jesus Christ, in whom is our salvation, life and resurrection, through whom we are saved and delivered. - Galatians 6:14

Christ Jesus, though he was in the form of God, did not regard equality with God something to be grasped.

Rather, he emptied himself, taking the form of a slave, coming in human likeness; and found human in appearance, he humbled himself, becoming obedient to death, even death on a cross.

Because of this, God greatly exalted him and bestowed on him the name that is above every name, that at the name of Jesus every knee should bend, of those in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father. - *Philippians 2:6-11*

"How splendid the cross of Christ! It brings life, not death; light, not darkness; Paradise, not its loss. It is the wood on which the Lord, like a great warrior, was wounded in hands and feet and side, but healed thereby our wounds. A tree has destroyed us, a tree now brought us life!" - *Theodore of Studios*

"No one has gone up to heaven except the one who has come down from heaven, the Son of Man. And just as Moses lifted up the serpent in the desert, so must the Son of Man be lifted up, so that everyone who believes in him may have eternal life."

For God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life.

For God did not send his Son into the world to condemn the world, but that the world might be saved through him. - *John 3:13-17*

"Jesus said to me; *'How many times would you have abandoned Me, my son, if I had not crucified you. Beneath the cross, one learns love, and I do not give this to everyone, but only to those souls who are dearest to Me.'*" - *Saint Pio of Pietrelcina*

"From here on earth, Love cannot live without suffering. It is through loving the Cross that we discover His Heart, for divine Love never lives without suffering. I want my whole life to be inspired by love. He who loves, does all things easily, or, if he suffers, he suffers bravely. Why is suffering necessary? Because on earth, pure love cannot exist without suffering. O Jesus, Jesus, I no longer feel my cross when I think of yours!" - *Saint Bernadette Soubirous*

Exaltation of the Holy Cross Novena

Jesus, Who because of Your burning love for us willed to be crucified and to shed Your Most Precious Blood for the redemption and salvation of our souls, look down upon us and grant our petition.

We trust completely in Your Mercy. Cleanse us from our sin by Your Grace, sanctify our work, give us and all those who are dear to us our daily bread, lighten the burden of our sufferings, bless our families, and grant to the nations, so sorely afflicted, Your Peace, which is the only true peace, so that by obeying Your Commandments we may come at last to the glory of Heaven. Amen.

