

# Consecration the St. Joseph

## Part 28

### Comfort of the Afflicted, Pray for Us

Nothing will be refused him [St. Joseph], neither by Our Lady nor by his glorious Son. – St. Francis de Sales

Comforting the afflicted is a work of mercy. The Church has seven Spiritual Works of Mercy and seven Corporal Works of Mercy. The works of mercy help us to be devout followers of Jesus Christ by serving others; they help us to be like St. Joseph.

#### Seven Corporal Works Of Mercy

Feed the Hungry  
Give Drink to the Thirsty  
Clothe the Naked  
Shelter the Homeless  
Visit the Prisoners  
Comfort the Sick  
Bury the Dead

#### Seven Spiritual Works Of Mercy

Teach the Ignorant  
Pray for the Living and the Dead  
Correct Sinners  
Counsel Those in Doubt  
Console the Sorrowful  
Bear Wrongs Patiently  
Forgive Wrongs Willingly

The Latin title *Solacium Miserorum* is generally translated as "Comfort of the Afflicted," but it can also be rendered "Solace of the Miserable" or "Solace of Those in Misery." Experiencing misery or feeling miserable is not pleasant. Yet the reality is that we are all going to have miserable moments in life. The world is a valley of tears, and everyone is going to suffer. There is no way around it. Whether it is financial problems, marital hardships, psychological struggles, difficulties in relationships, the death of loved ones, or a thousand other woes, we will all experience misery in life. It is good to have someone we can turn to for comfort and solace in such times.

St. Joseph will comfort you in difficult times. Life is filled with many sorrows. Loved ones will die, children sometimes rebel and gravity will eventually take away your youthfulness, making you old and immobile. No matter what life brings, however, St. Joseph will always be your consolation, comfort and solace. He knows well the hardships of life. He is a kind and loving father. He comforts everyone who comes to him in times of affliction. His fatherhood is unlike any other.

Let us commend ourselves to our good father, St. Joseph, who is the Patriarch of troubled people, since he himself went through so much trouble. – St. Joseph Marello

A loving father provides comfort to his children, especially when they are going through difficulties. A father's wisdom and presence are reassuring and life-giving. Knowing that you can always go to your father in difficult times reassures you that everything will be okay, even when your world seems to be falling apart. Regrettably, many people have never experienced this kind of love from a father. Many people today have grown up with emotionally abusive, distant and less than virtuous fathers. This has led many people to experience great anxieties and fears in life, as well as a tremendous sense of insecurity.

God wants you to rest in St. Joseph's fatherhood. St. Joseph will never abandon you. No matter what your experience of fatherhood has been, St. Joseph will always be there for you. He is your spiritual dad, and he loves you. He will never hurt you. He would give his life for you a million times over.

While life has you down, run to your spiritual father. Pour out your heart to him. Tell him your troubles. He is the most loving of fathers. He is always available for you, always attentive, always understanding.

If discouragement overwhelms you, think of the faith of Joseph; if anxiety has its grip on you, think of the hope of Joseph; if exasperation or hatred seizes you, think of the love of Joseph, who was the first man to set eyes on the human face of God in the person of the Infant conceived by the Holy Spirit in the womb of the Virgin Mary. Let us praise and thank Christ for having drawn so close to us, and for giving us Joseph as an example and model of love. – Pope Benedict XVI

## Litany of St. Joseph

Lord, have mercy on us.  
Christ have mercy on us.  
Lord, have mercy on us.  
Christ, hear us.  
Christ, graciously hear us.

God the Father of Heaven, have mercy on us.  
God the Son, Redeemer of the world, have mercy on us.  
God the Holy Ghost, have mercy on us.  
Holy Trinity, One God, have mercy on us.

Holy Mary, pray for us  
St. Joseph,  
Noble scion of David,  
Light of the Patriarchs,  
Spouse of the Mother of God,  
Chaste Guardian of the Virgin,  
Foster-father of the Son of God,  
Sedulous Defender of Christ,  
Head of the Holy Family,  
Joseph most just,  
Joseph most chaste,  
Joseph most prudent,  
Joseph most valiant,  
Joseph most obedient,  
Joseph most faithful,  
Mirror of patience,  
Lover of poverty,  
Model of all who labor,  
Glory of family life,  
Protector of virgins,  
Pillar of families,  
Consolation of the afflicted,  
Hope of the sick,

Patron of the dying,  
Terror of the demons,  
Protector of Holy Church,

Lamb of God, Who takes away the sins of the world, spare us, O Lord.  
Lamb of God, Who takes away the sins of the world, graciously hear us, O Lord.  
Lamb of God, Who takes away the sins of the world, have mercy on us.

V. He made him the lord of his household.  
R. And prince over all his possessions.

Let us pray. God, Who, in Thine ineffable Providence didst vouchsafe to choose blessed Joseph to be the Spouse of Thy most holy Mother; grant, we beseech Thee, that we may be worthy to have him for our intercessor in Heaven whom, on earth, we venerate as our protector. Who livest and reignest world without end. Amen

